

2014-12-06

4km (2/2)		czas	śr.min./km																									
					1km				2km				3km				META											
1	Cych Agnieszka	21:12	05:10,8	0:54	4:20	5:02	5:51	9:38	10:21	11:14	15:01	15:46	16:39	20:27	21:12													
				0:54	3:26	0:42	0:49	3:47	0:43	0:53	3:47	0:45	0:53	3:48	0:45													
2	Ciesiółka Kasia	22:31	05:22,6	0:52	4:35	5:21	6:14	10:12	10:58	11:52	15:55	16:48	17:42	21:42	22:31													
				0:52	3:43	0:46	0:53	3:58	0:46	0:54	4:03	0:53	0:54	4:00	0:49													
5km (5/5)					1km				2km				3km				4km				META							
1	Krawczyński Mikołaj	24:32	04:54,4	0:46	4:02	4:43	5:27	8:46	9:25	10:11	13:47	14:27	15:15	18:50	19:29	20:14	23:48	24:32										
				0:46	3:16	0:41	0:44	3:19	0:39	0:46	3:36	0:40	0:48	3:35	0:39	0:45	3:34	0:44										
2	Guga Roman	25:05	05:01,0	0:47	4:25	5:06	5:52	9:24	10:07	10:51	14:13	14:55	15:40	19:10	19:51	20:37	24:16	25:05										
				0:47	3:38	0:41	0:46	3:32	0:43	0:44	3:22	0:42	0:45	3:30	0:41	0:46	3:39	0:49										
3	Czapliński Kuba	27:16	05:27,2	0:54	4:45	5:32	6:20	10:13	11:03	11:52	15:33	16:20	17:10	21:06	21:51	22:41	26:29	27:16										
				0:45	3:51	0:47	0:48	3:53	0:50	0:49	3:41	0:47	0:50	3:56	0:45	0:50	3:48	0:47										
4	Rosłaniec Mateusz	27:52	05:34,4	0:45	4:46	5:28	6:12	9:50	10:34	11:26	15:22	16:11	17:02	21:15	22:04	22:53	26:55	27:52										
				0:45	4:01	0:42	3:38	0:44	0:52	3:56	0:49	0:51	4:13	0:49	0:49	4:02	0:48	0:09										
5	Jedrzejkowska Monika	29:36	05:55,2	0:49	4:47	5:32	6:24	10:45	11:33	12:34	16:54	17:43	18:40	22:58	23:45	24:41	28:48	29:36										
				0:49	3:58	0:45	0:52	4:21	0:48	1:01	4:20	0:49	0:57	4:18	0:47	0:56	4:07	0:48										
6km (5/5)					1km				2km				3km				4km				5km				META			
1	Okarma Jacek	26:24	04:24,0	0:39	3:34	4:09	4:48	7:52	8:33	9:12	12:19	12:56	13:37	16:47	17:27	21:16	21:54	22:34	25:42	26:19	26:24							
				0:39	2:55	0:35	0:39	3:04	0:41	0:39	3:07	0:37	0:41	3:10	0:40	0:41	3:08	0:38	0:40	3:08	0:42							
2	Lubak Mateusz	28:31	04:45,2	0:45	3:55	4:32	5:14	8:36	9:16	10:00	13:18	13:58	14:43	18:12	18:53	19:38	23:08	23:50	24:34	27:48	28:31							
				0:45	3:10	0:37	0:42	3:22	0:40	0:44	3:18	0:40	0:45	3:29	0:41	0:45	3:30	0:42	0:44	3:14	0:43							
3	Sosenko Szymon	30:39	05:06,5	0:46	4:17	4:57	5:41	9:09	9:48	10:38	14:15	14:53	15:48	19:36	20:16	21:11	24:55	25:34	26:27	29:58	30:39							
				0:46	3:31	0:40	0:44	3:28	0:39	0:50	3:37	0:38	0:55	3:48	0:40	0:55	3:44	0:39	0:53	3:31	0:41							
4	Karbowiak Iga	30:56	05:11,2																									
5	Pyra Bartek	32:14	05:22,3	0:46	4:33	5:16	5:57	9:43	10:24	11:12	14:46	15:28	16:16	20:06	20:50	21:52	26:04	26:53	27:40	31:23	32:14							
				0:46	3:47	0:43	0:41	3:46	0:41	0:48	3:34	0:42	0:48	3:50	0:44	1:02	4:12	0:49	0:47	3:43	0:51							