# MISTRZOSTWA POLSKI 17-

# NOCNE, SZTAFETY SPRINTERSKIE

bieg na orientację

10.2015

# **BULLETIN 1**

# **DATE AND VENUE**

Polish Championship and Polish Masters Championship in night orienteering: 17.10.2015 - Wrocław - Leśnica

Polish Championship and Polish Masters Championship in sprint relay: 18.10.2015 - Wrocław - Gądów Mały

#### **ORGANIZER**

Wojskowy Klub Sportowy "Śląsk" Wrocław

ul. Oporowska 62, 53-434 Wrocław mail: bno.wks.slask@gmail.com

tel: +48 601 574 770 (Event Director - Kalikst Sobczyński)

## **CO-ORGANIZERS**

Polski Związek Orientacji Sportowej Dolnośląski Związek Orientacji Sportowej Urząd Marszałkowski Województwa Dolnośląskiego Urząd Miejski Wrocławia Jednostka Wojskowa 1245 Wrocław - Leśnica

#### **PARTNERS**

Wrocławski Komitet Organizacyjny – Światowe Igrzyska Sportowe 2017 Nadleśnictwo Miękinia Centrum Kultury Zamek | Wrocław - Leśnica Młodzieżowe Centrum Sportu Wrocław Spółdzielnia Mieszkaniowa "Szóstka"

# **OrganisationAL TEAM**

Event Director: Kalikst Sobczyński

Referee: Stanisław Leśnicki

Course Setter: Night - Wojciech Dwojak; Sprint Relay - Kostiantyn Majasow Map makers: Night - Wojciech Dwojak, Kostiantyn Majasow, Adrian Kopczyński;

Sprint Relay - Wojciech Dwojak

SPORTident: Marcin Leśnicki

Start: Arleta Sosenko

Competition Office: Remigiusz Widziewicz

Advisor PZOS: Jacek Morawski

# **MODEL OF COMPETITION**

Polish Championship and Polish Masters Championship in night orienteering: located in PZOS National Event Calendar, ranking - 1,3

Polish Championship and Polish Masters Championship in sprint relay: located in National Event Calendar, will be held in accordance with PZOS rules,

#### **PROGRAM**

#### 17.10.2015 - Saturday

16:00 - 20:00 - Event Office - Zamek Wrocław - Leśnica

20:00 - 24:00 - PC and PMC in night orienteering

#### 18.10.2015 - Sunday

08:00 - 11:00 - Event Office - MCS Wrocław - Gądów Mały

11:00 - 14:30 - PC and PMC in sprint relay

14:30 - mass start 5th stage of Zielony Wrocław competition

15:30 - price giving in PC and PMC

#### **EVENT OFFICE**

#### 17.10.2015 - Saturday

**16:00 - 20:00** - Event Office - Zamek Wrocław - Leśnica Centrum Kultury "ZAMEK", pl. Świętojański 1, 54-076 Wrocław GPS: N51.146380 E16.870250

#### 18.10.2015 - Sunday

**08:00 - 11:00** - Event Office - MCS Wrocław - Gądów Mały Młodzieżowe Centrum Sportu "Parasol", ul. Lotnicza 72, 54-155 Wrocław GPS: N51.130880 E16.957358

## **PARTICIPATION**

The condition for participation in the competition is:

- PZOS's license.
- possesion of valid sport medical examination,

#### **KATEGORIE**

Polish Championship in night orienteering (K - women, M - men):

K16, K18, K20, K21, M16, M18, M20, M21

Polish Masters Championship in night orienteering (K - women, M - men):

K35, K40, K45, K50, K55, K60, K65, K70, K75, K80, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80

Polish Championship in sprint relay:

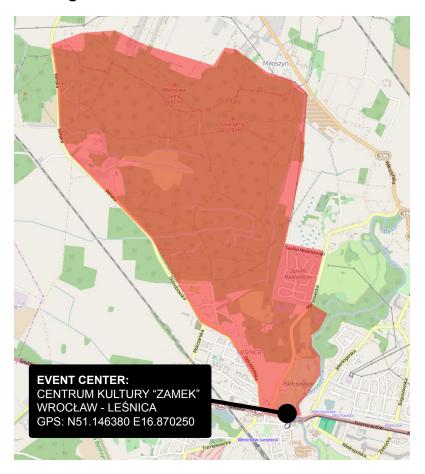
S18, S21

Polish Masters Championship in sprint relay:

S70, S100

# PC AND PMC IN NIGHT O

#### **Embargoed Area:**



According to PZOS's rules concerning Organising Competition (point 10.4.): "Any form of Orienteering or penetration of the area is forbidden"

# **Description of the terrain:**

Flat area with a rich and varied vegetation. Mixed forest with runnability from good to difficult. There are numerous clearings with undergrowth. A well-developed network of roads and paths. Land is partially marshy. In the southern part of the area is park with very good runnability.

#### Map:

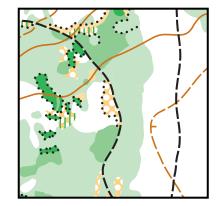
Map makers: Wojciech Dwojak, Adrian Kopczyński, Kostiantyn Majasow

Scale: KM16 - KM21: 1:15 000, KM35 - KM80: 1:10 000

Contours: 2,5 m

Update: September 2015



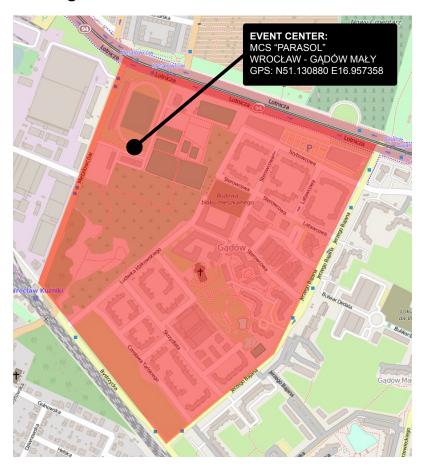




Map samples in scale 1:5 000

# **PC AND PMC IN SPRINT RELAY**

#### **Embargoed Area:**



According to PZOS's rules concerning Organising Competition (point 10.4.): "Any form of Orienteering or penetration of the area is forbidden"

# **Description of the terrain:**

The area consists of three parts. The estate residential area with buildings in irregular arrangement and very good runnability. Recreational area, which consist of grass and asphalt playing fields and developed network of fences. The area of wasteland covered with young forest with difficult runnability and well developed network of roads and paths.

#### Map:

Map maker: Wojciech Dwojak

Scale: S18, S21, S70, S100: 1:4 000

Contours: 2 m

Update: September 2015







Map samples in scale 1:5 000

#### **ENTRY**

PC and PMC in night orienteering:

Entries will be accepted until 10/04/2015 by the registration form on PZOS's web page - www.zielonysport.pl

PC and PMC in sprint relay:

Entries will be accepted until 10/04/2015 by mail:

#### bno.wks.slask@gmail.com

In the application, please indicate the number of relay teams in each category. Please fill relay names until 10/16/2015 by mail.

#### FEE

FEE	PRICE
Entry for competitiors in category KM16 - PC in night orienteering	15 zł / person
Entry for competitiors in category KM18 and older - PC and PMC in night orienteering	35 zł / person
Entry for category S18 in PC in sprint relay	50 zł / relay team
Entry for category S21, S70, S100 in PC and PMC in sprint relay	100 zł / relay team
Renting SPORTident card	3 zł / card
Losing rented SPORTident cards	150 zł / card

## **PAYMENT**

Payment should be made by bank transfer until 10/09/2015 to the following account::

account number: 71 1020 5242 0000 2902 0257 7393

PKO BP SA III ODDZ. WROCŁAW

In the transfer title, please enter::

Entry fee MP 2015 + club name or the name of an individual runner

# **PUNCHING SYSTEM**

SPORTident punching system will be used for all events

# **ACCOMMODATION**

WKS Śląsk does not mediate in the organisation of accommodation in Wroclaw.

# **ZIELONY WROCŁAW**

On 10/18/2015 (Sunday), after the race of Polish Championship will be held last, fifth stage of the competition Zielony Wrocław 2015.

In these competitions start can anyone PZOS license is not require.

Details about the competition to find on the website: www.bno.pl



## **ATTENTION**

- medical care during the competition is provided by the organizer.
- participants are obliged to have important medical examination,
- the organizer is insured against civil liability.
- the organizer does not bear the cost of individual insurance.
- application for the competition constitutes acceptance provisions bulletin
- Information about the competition is available on the www.bno.pl in a dedicated tab.



















